

## Schedule of Classes

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Adult Brazilian Jiu-Jitsu 12:30pm – 1:30pm			Open Adult Brazilian Jiu-Jitsu 12:30pm- 1:30pm		Street Self Defense for Adult 9:00am - 10:30am
					Open Mat 10:30am-11:00am
“Martial Arts for Kids” 5:30pm-6:30pm		“Martial Arts for Kids” 5:30pm-6:30pm	**Street Self Defense 6:00pm – 7:00pm Instructors only	**Private Classes	Adult Mixed Martial Arts 11:00am-12:00pm
Kids Brazilian Jiu-Jitsu 6:30pm – 7:30pm	Adult Brazilian Jiu-Jitsu 6:30pm-8:00pm	Kids Brazilian Jiu-Jitsu 6:30pm – 7:30pm	Street Self Defense for Adult 7:00pm-8:30pm	**Private Classes	Adult Brazilian Jiu-Jitsu 12:00pm – 1:30pm
Street Self Defense for Adult 7:30pm-9:00pm	Adult Mixed Martial Arts 8:00pm-9:00pm	Adult Brazilian Jiu-Jitsu 7:30pm-9:00pm		**Private Classes	

**\*\* Must Have Sensei's permission to attend this class**