

Tom Everett's



Helpful Hints on How to Choose a Martial Arts School

A Guide in Getting the Right School for Your Money

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INTRODUCTION



Modern Defense Tactics was developed by Tom Everett. He holds two 6th degree black belts, one 2nd, two 1st degree black belts and is an avid practitioner of Brazilian Jiu-Jitsu. He is a former elite commando trained U.S. Soldier having served in several theaters of operations. He has trained Military, Federal, State, and local Law Enforcement Agencies and Personnel. He was involved in an operation in Virginia and Washington DC areas with DEA and U.S. Customs, and is currently training Military and Police Officers in Modern Defense Tactics.

As a military veteran and a martial arts practitioner of over 36 years, he came to realize that there are many martial arts techniques as practiced in “traditional” martial arts that just plain don’t work. The sad truth is that some choose to continue with these ineffective practices for reasons that range from a lack of knowledge to simply “maintaining a tradition.” The bottom line is, today’s attacker is much more sophisticated and better trained than those of 100 or even 20 years ago. Someone training in martial arts must be prepared to defend against this new breed of attacker.

The wars of today are fought and won much differently than those of yesterday. Our Military has recognized that times have changed and have greatly improved upon their training methods and tactics to meet this new age. And so must we.

To combat the ongoing need for everyone to have the skills and abilities to protect themselves and their families Tom Everett founded Modern Defense Tactics providing REAL WORLD self defense training.

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Helpful Hints on How to Choose a Martial Arts School

Choosing a martial arts school is not as easy as one may think. It's kind of like buying a car; pick one that runs the best, doesn't need a lot of extra work, and one that is from a dealer who is always there to help. There are a lot of factors that should be addressed when looking for a martial arts school. Unfortunately, most first-timers have a difficult time seeing past the price tag or the convenience of location when choosing a martial arts school. Those should not, however, be the only determining factors when deciding on a school. It is vitally important to visit as many schools as possible before committing to one. See what each school has to offer, and then make your decision. Here are some important things to look for when trying to choose a martial arts school:

Let's begin with the single most important factor: Instruction. This is the who, what, when, where, and why of your research and is very important. Who is the main instructor and the one who will be instructing you? What has he done, when was the last time he/she trained themselves? Where has he/she learned his/her information from and where are their skills applied? Who else has benefitted from their training (like military personnel, police officers, fire fighters, doctors, lawyers)? And last of all, why? Why would your time be best spent training there than down the road? What do they have that the other schools do not?

Second, Equipment and Facility: This is another big deal when choosing a martial arts school. Is their facility that you will be training in clean and well-kept? Is there a big enough area for you and a group of people to be training? Do they offer basic comforts, along with some extra little perks for their members...just some things to think about.

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Third, Class Age Groups: Check to see if classes are separated by age and/or belt level. Adult students may not appreciate training with second-graders, some of whom may be able to execute the techniques better than they can. You may find yourself as the only adult in a class full of much younger students, and the different maturity levels could prove distracting to both you and them.

Lastly, Attitude: The attitude of both the instructor and the students can serve as an accurate indicator of school spirit. Instructors who treat their students with respect are wonderful teachers to have. Typically, if the instructor respects their students, then the students will respect their instructor. Also look at how the students treat their instructor. Do they listen to their instructor or misbehave all the time in class? Do the students have some sort of discipline instilled by the instructor?

These are just a few helpful hints to show you the best way to choose a martial arts school. Good luck with your journey. Before long you will be performing martial arts drills at a school that is right for you!

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How to Continue Your Training...

As you've read in my bio, I'm the founder of a member-based organization called the Modern Defense Tactics and Koryukan USA Martial Arts Training Center that provides REAL WORLD self defense training by combining the arts of Brazilian Jiu-Jitsu, Karate, Mixed Martial Arts, and No BS Street Self Defense.

This organization is MUCH more than a group of "wannabe" martial artists! In fact, most of our members are military and law enforcement personnel!

Don't worry though- we also have many "average" men and women just like YOU from all walks of life and all around the world, all types of people just like you who have come together with the common purpose of becoming more educated on the right way to defend themselves and their families and loved ones.

I know what you might be thinking. "You can't get self defense training like this around here." Well guess again! We use a proven success system and lesson plans that will sky-rocket your skills to unimaginable heights.

The details of all of the incredible training we offer is too much to lay out here, all you have to do to get started is log in at our website;

www.koryukanusa.com